



GOOD doing Good -- December 8, 2023 – Second Harvest Food Bank

Information on Volunteering on December 8.

Please register on the GOOD Website for this event: <https://goodnetwork.us/event-5115458> so that we have an accurate count to confirm the catered lunch.

You must also register as a volunteer on the Second Harvest website: <http://greaterorlandoorganizationalanddevelopmentnetwork.shfbcf.volunteerhub.com>

- Please choose the morning volunteer shift on Friday, Dec. 8.
- It might say 8:15am start time, but we will be arrive by 8:45am for a 9:00am shift start.
- If you receive an email from Second Harvest to confirm your volunteering two weeks before the event – please respond to them to confirm.
- **If you need to cancel you MUST also please cancel on the GOOD website by November 27. Here are the actions to cancel on our website:**
 1. Login to the [website](#) and **click on your name at the top of the homepage** where you logged in. This opens your Member Profile.
 2. On your profile, **choose "My Registrations"** and click on the event you are cancelling. The event registration and description page will open.
 3. On the left side where registrations types are list, **click on "Already Registered"** to open the registration form and scroll down and click on the green box labeled "Cancel my Registration." Confirm and it will be cancelled.

What to Expect:

- **Please wear Close-toed and closed-heel shoes**
- Physical Requirements: Standing for 2 hours of time and lifting boxes/items
- Temperature: The warehouse temp is typically similar to the temperature outside due to the deliveries and pick-ups that occur. Ex. if it's cooler outside, layers are recommended, warmer outside, shorts are acceptable.
- Bottled Water: Provided in the break room for all volunteers
- Minimum Age: 10+
- Volunteer area is not in a cooler/freezer.

Thank you for volunteering for GOOD doing Good!